

Joy(ful) Conversation Guide

For further reflection personally, with a friend or your Group.
Finding Joy No Matter What—Week of July 11, 2010

GETTING STARTED

If you were in solitary confinement, how long would you last?

LOOKING DEEPER

1. Think of a time when you've been happy. What circumstances defined that time? (People, places, etc.)?
2. Have you known anyone who has lived joyfully amidst dire circumstances?
3. How does having a positive outlook affect our perspective on a negative situation? Share an example.
4. Read Philippians 1:12-14. How would life be different if we viewed problems as "for Christ"?
5. Read Philippians 1:15-18. Paul has a clear focus and determination to share the message of Christ. How does having focus and determination affect our attitude about difficult circumstances?
6. Paul's desire for the Philippians was "progress and joy in the faith". How do friendships affect our spiritual progress and joy?

TAKE IT WITH YOU — *personal reflection*

What relationships can you invest in this week that would encourage progress and joy in the faith?

CHANGE YOUR MIND

"God did not give us a spirit that makes us afraid but a spirit of power and love and self-control."

2 Timothy 1:7 (New Century Version)

Joy(ful) Conversation Guide

For further reflection personally, with a friend or your Group.
Finding Joy No Matter What—Week of July 11, 2010

GETTING STARTED

If you were in solitary confinement, how long would you last?

LOOKING DEEPER

1. Think of a time when you've been happy. What circumstances defined that time? (People, places, etc.)?
2. Have you known anyone who has lived joyfully amidst dire circumstances?
3. How does having a positive outlook affect our perspective on a negative situation? Share an example.
4. Read Philippians 1:12-14. How would life be different if we viewed problems as "for Christ"?
5. Read Philippians 1:15-18. Paul has a clear focus and determination to share the message of Christ. How does having focus and determination affect our attitude about difficult circumstances?
6. Paul's desire for the Philippians was "progress and joy in the faith". How do friendships affect our spiritual progress and joy?

TAKE IT WITH YOU — *personal reflection*

What relationships can you invest in this week that would encourage progress and joy in the faith?

CHANGE YOUR MIND

"God did not give us a spirit that makes us afraid but a spirit of power and love and self-control."

2 Timothy 1:7 (New Century Version)