

# Joy(ful) Conversation Guide

For further reflection personally, with a friend or your Group.  
Finding Joy When You Feel Like Complaining- Week of August 1, 2010



## GETTING STARTED

What sound do you find the most irritating?

### LOOKING DEEPER - *group reflection*

1. Read Philippians 2:12-14.  
Who does Paul sound like in these verses? Your dad? Army Sergeant? Coach at half-time? Other?
2. In what environment are you most likely to complain? (home, work, etc.)
3. Are you more likely to complain about something that is not fair or something that is not fun?
4. Read James 3:2.  
How might controlling what you say affect other areas of your life?
5. What are some of the daily pressures that make positive speech difficult?
6. Read Matthew 5:16.  
People who work hard without complaining or arguing, "shine like stars".  
Where do you need to be a shining example for others?

### TAKE IT WITH YOU - *personal reflection*

You make your choices and then your choices make you.

*"Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them."*

*Ephesians 4:29 (New Living Translation)*

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